

# Outline

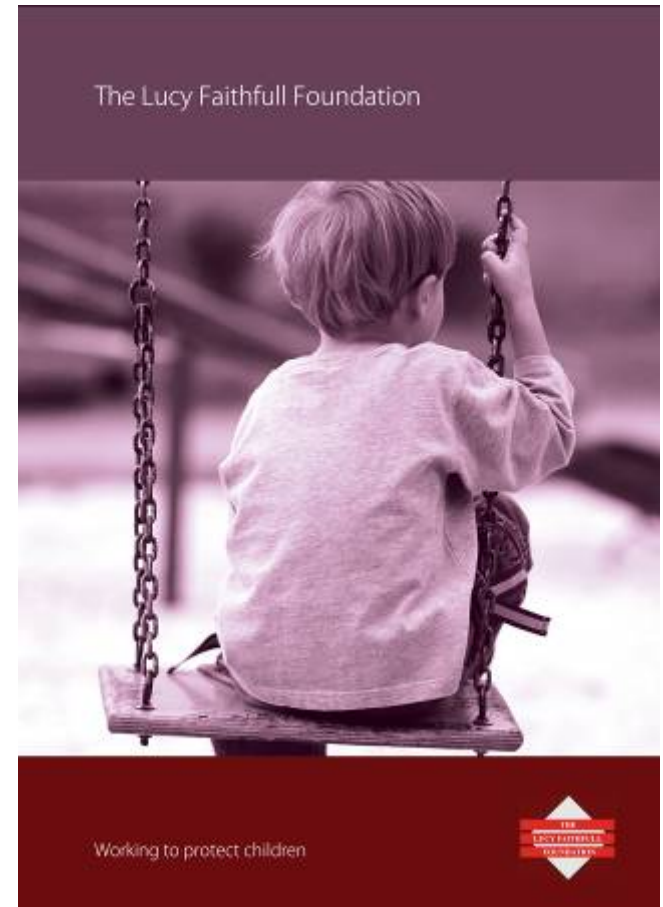
- Introductions
- Understanding the problem of child sexual abuse
- Model to use – Finkelhor's 4 Pre-conditions
- Prevention Framework
- Examples of prevention
- Questions for discussion



Working to Protect Children

# Preventing Child Sexual Abuse - a UK perspective

**Donald Findlater**  
**April 2019**



The only UK-wide charity dedicated solely to tackling child sexual abuse



## Stop it Now! UK and Ireland

- Prevention campaign
- Confidential helpline

The only UK-wide Helpline and Campaign  
dedicated solely to tackling  
child sexual abuse

# Stop It Now! Helpline


## Principal Target Groups:-

- **Adult abusers and potential abusers:** to encourage them to recognise their behaviour as abusive and seek help to change.
- **Family and friends:** to encourage them to recognise the signs of abusive behaviour in those close to them and to seek advice about what action to take.
- **Parents and carers of young people with worrying sexual behaviour:** to encourage them to recognise signs of abusive behaviour in their children and seek advice about what to do.





WORKING TO PROTECT CHILDREN

 ECSA was created by The Lucy Faithfull Foundation, a child protection charity

This ECSA toolkit aims to help design and **implement a child sexual abuse prevention strategy. It will:**



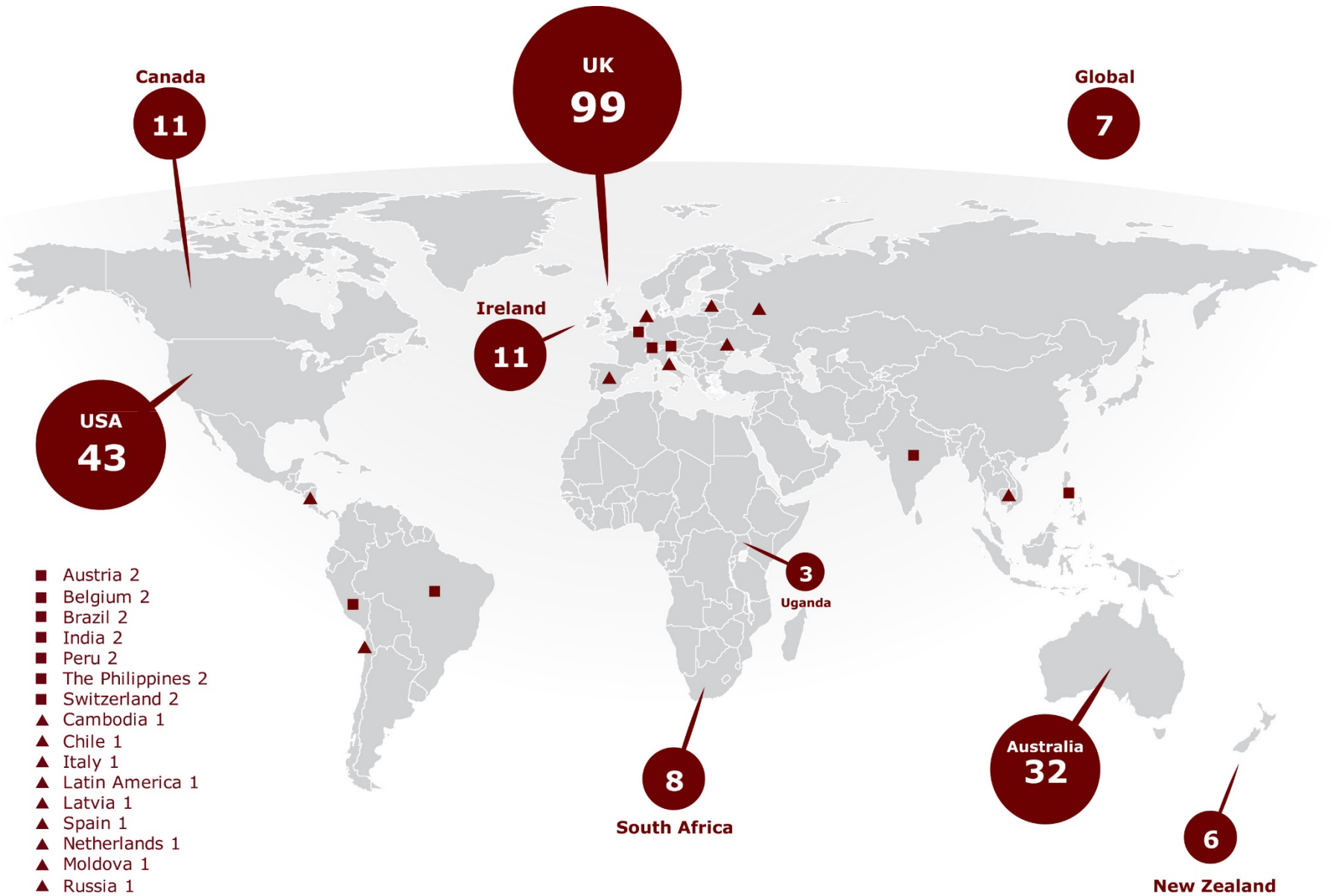
Help you identify and understand your child sexual abuse problems



Help you identify responses to your child sexual abuse problems



Focus on child sexual abuse rather than broader social issues





Region of the Americas

African Region

Eastern Mediterranean Region

European Region

South-East Asia Region

Western Pacific Region

High income countries

Source: WHO Global and regional estimates of violence against women (6)

**About 30% of ever-partnered women throughout the world have experienced physical and/or sexual violence by an intimate partner at some point in their lives**

Global estimates of intimate partner violence perpetrated by men against women indicate that 30% of ever-partnered women (about one in three) worldwide have experienced physical and/or sexual violence by an intimate partner at some point in their lives (see Figure 5) (6). In the African, Eastern Mediterranean and South-East Asia Regions, approximately 37% of ever-partnered women report experiencing physical and/or sexual violence by an intimate partner in their lives, followed by the Region of the Americas, with approximately 30% of women reporting lifetime exposure. Globally, 7.2% of women also report experiencing sexual violence by other perpetrators (6).

**One in five girls has been sexually abused during childhood, with estimates from some countries placing that proportion closer to one in three**

Estimates of child maltreatment indicate that nearly a quarter of adults (22.6%) worldwide suffered physical abuse as a child, 36.3% experienced emotional abuse and 16.3% experienced physical neglect, with no significant differences between boys and girls (30–32). However, the lifetime prevalence rate of childhood sexual abuse indicates more marked differences by sex – 18% for girls and 7.6% for boys (33). National surveys of violence against children conducted in Africa reveal much higher rates of childhood physical, sexual and emotional abuse than the global rates.

# Protecting children from harm:

A critical assessment of child sexual abuse in the family network in England and priorities for action

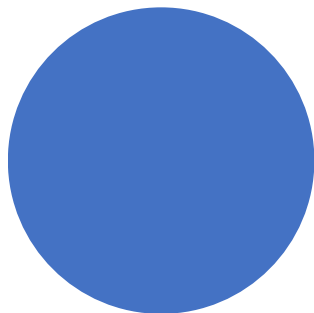
Summary: November 2015



# Prevalence of CSA in UK

- May-Chahal and Cawson, 2005 – 10% of adults aged 18-24 had experienced contact sexual abuse (6% of boys, 11% of girls), defined as non-consensual sexual touching and/or intercourse under the age of 16
- Bebbington et al, 2010 – 8.3% of all respondents experienced contact sexual abuse (11.1% of females and 5.3% of males), defined as being touched and sexual intercourse without consent under the age of 16
- Radford et al, 2011 – 11.3% of adults aged 18-24 had experienced contact sexual abuse, using the definition from the Working Together guidance for child protection in England

Model using  
'multiple  
systems  
estimation'



Estimated incidence  
c.425,000

CSA / CSAFE

April 2012 - March  
2014

Count of all  
victims from all  
data sources



In system  
49,673 CSA  
9,066 CSAFE

Police data



Reported to police  
37,844 CSA  
8,932 CSAFE



Excluding 'no crimes'  
32,352 CSA  
6,738 CSAFE



Detected  
9,921 CSA  
2,371 CSAFE



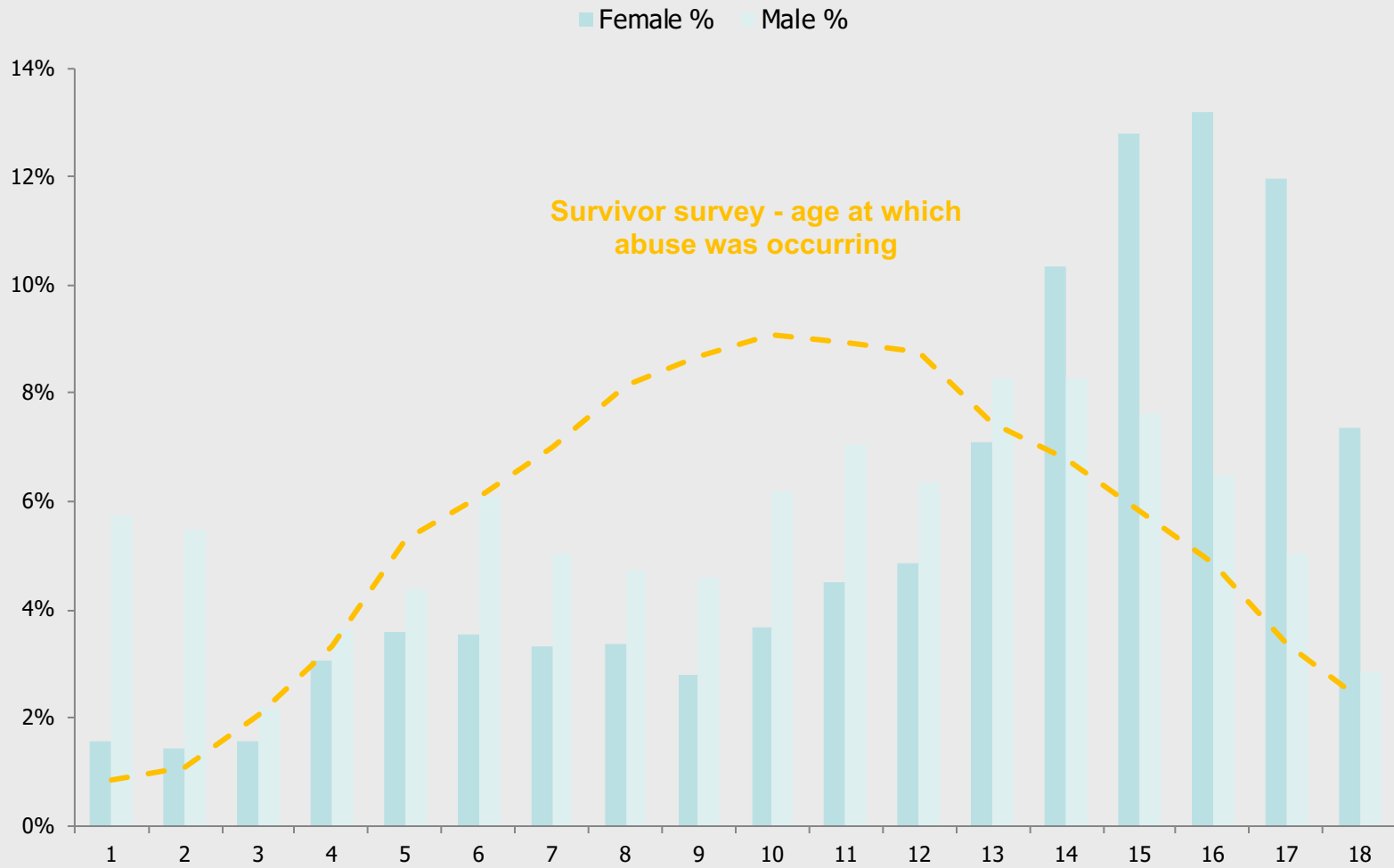
Convictions (crimes)  
6,414 crimes

The data request was issued to police forces in October 2014 and therefore reflects the status of investigations at the time of data collation by each individual force.

This diagram refers to the number of *victims* of CSA, rather than crimes. However, the conviction data refers to the number of CSA related crimes for which perpetrators have been charged and convicted. Many of these convictions will relate to crimes which were committed before the specific period under analysis.

The relationship between victim and perpetrator is recorded inconsistently by police forces. Data analysed for this report enabled a specific cohort of victims of CSAFE to be identified (c. 18% of all CSA victims). Where this information is recorded rigorously, CSAFE accounts for approximately two thirds of all CSA.

## Police data - CSAFE - age at report/discovery





# Summary....

- Estimated 400,000-450,000 children sexually abused in England 2013/14
- Only 1 in 8 victims are known to Police or Children's Services
- 60% + of offences take place in "Family Environment"
- Majority of abusers are male relatives/family friends
- Over 30% abusers are other young people

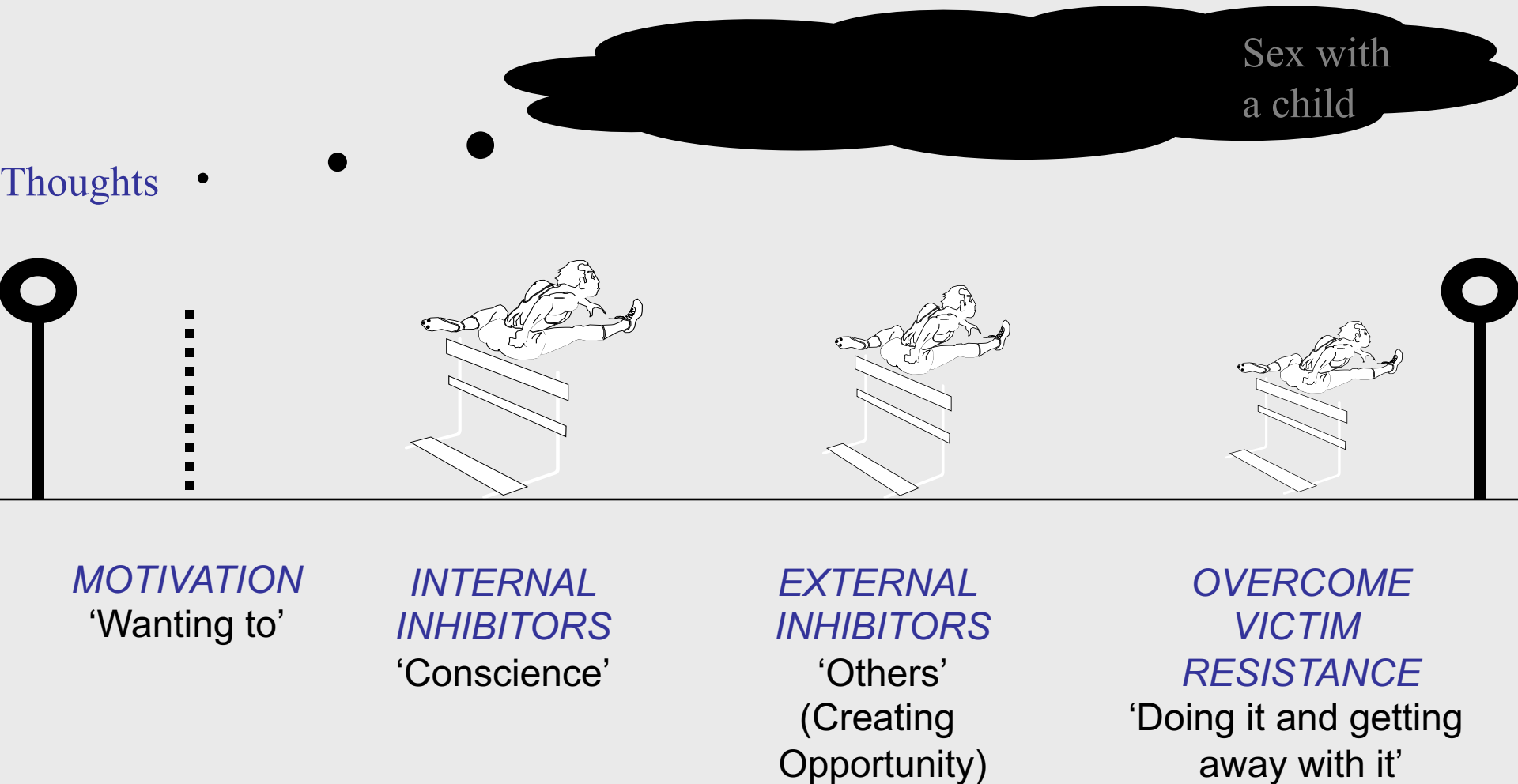
(Office for Children's Commissioner, 2015)

**How does it happen?**

**The process....and the people**

# Four pre-conditions to child sexual abuse

*Adapted from: D Finkelhor Child Sexual Abuse: New Theory & Research 1984*



**Prevention also needs to think about the crime.....**

# Eck's "Crime Triangle" -basic chemistry of crime



# **A Comprehensive Framework for the Prevention of Child Sexual Abuse**

(Smallbone et al, 2008)

# Comprehensive Prevention model

- Four essential targets
  - **Offenders** / potential offenders
  - **Victims** / potential victims
  - **Communities/Families**
  - Specific **situations** in which abuse has occurred / is more likely to occur
- Public Health model of prevention
  - **Primary** prevention
  - **Secondary** prevention
  - **Tertiary** prevention
- Thus, 12 points of focus for prevention efforts (4 essential targets x 3 prevention levels)

# Prevention Targets

	Primary prevention (Before abuse)	Secondary prevention (Before abuse) (at-risk groups)	Tertiary prevention (After Abuse)
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations/ Places</b>			



# Where on the framework?

Treatment programmes for convicted sex offenders

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			Sex offender treatment
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			<b>Sex offender treatment</b> Prison Sex offender registration etc Circles of Support and Accountability
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Where on the framework?

Awareness-raising prevention education programmes for all parents and carers

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>	Parents Protect		
<b>Situations</b>			

# Parents Protect!

Together we can prevent child sexual abuse

For confidential information and advice contact the Stop it Now! helpline on

# 0808 1000 900



- Home
- Learn
- Get Help
- Take Action
- Resources
- Useful Links
- About Us



LEARNING PROGRAMME

## Quick Navigation

What is child sexual abuse?

Quick Facts

Warning signs - What to look for in children and adults

Creating a family safety plan

Police disclosure scheme

What to do if a child tells about abuse

Get Help

Child sexual abuse survivor services

FAQ

## Everyone has a part to play in preventing child sexual abuse



## Welcome

...to Parents Protect, your online information and resources website. Here, we aim to raise your awareness about child sexual abuse, answer any questions you may have and give you the information you need to help to protect children.

## Our Aim...

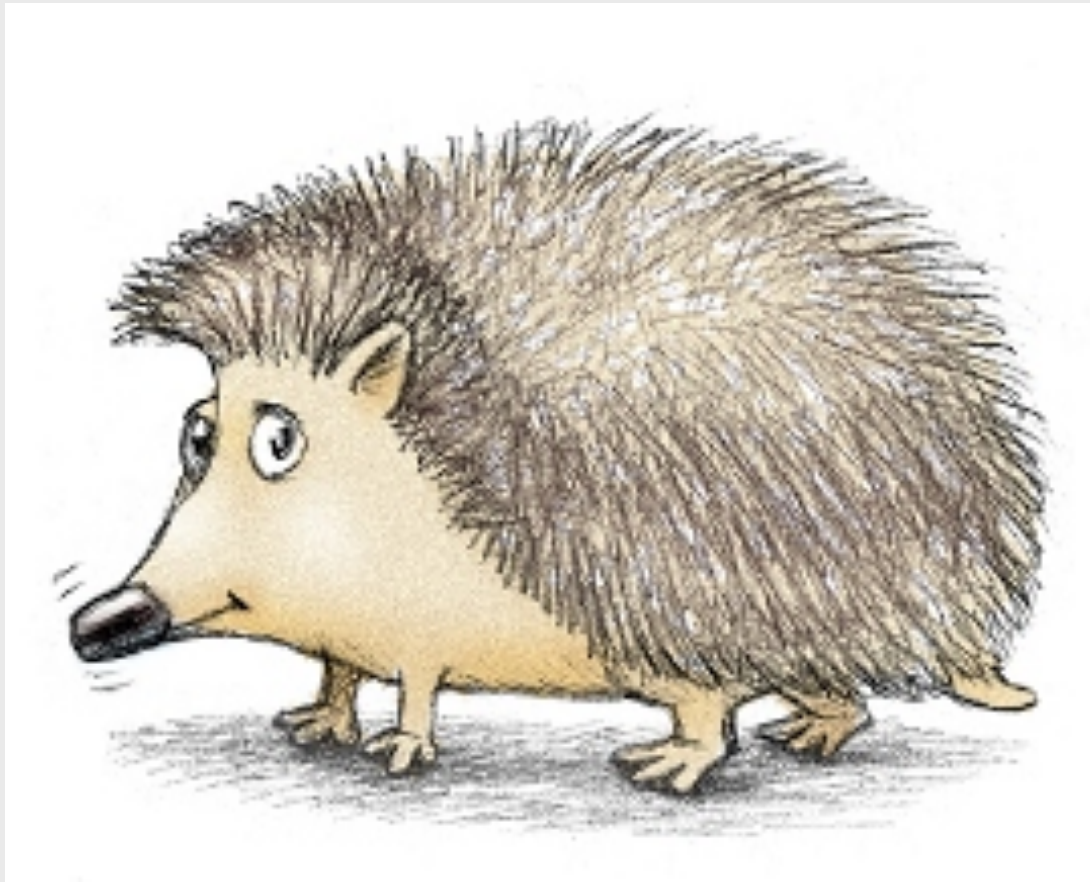


# Where on the framework?

Primary school programme of personal safety and sex education for all 10 year olds

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			



Working to Protect Children

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>	Hedgehogs		
<b>Victims (Children)</b>	Hedgehogs		
<b>Families/ Communities</b>			
<b>Situations</b>			

# Where on the framework?

Online safety education for children with learning difficulties

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>		Online safety lessons	
<b>Families/ Communities</b>			
<b>Situations</b>			

# Where on the framework?

Police patrols in public areas where a number of children have been sexually assaulted



# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			Police patrols

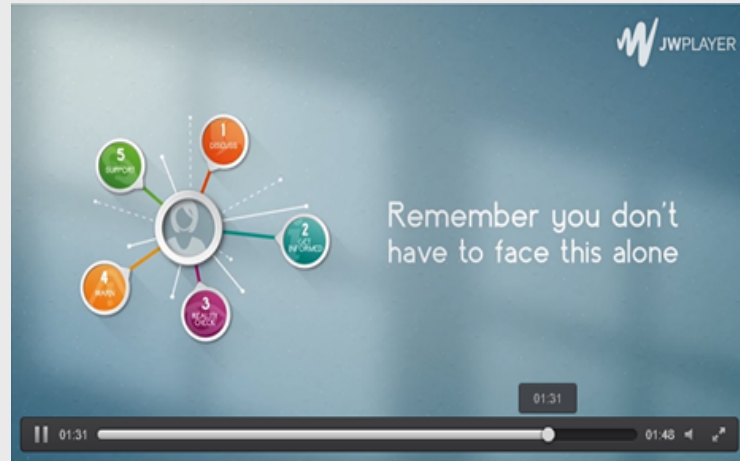
# Where on the framework?

“Indecent images of children (IIOC)”  
deterrence campaign targeting viewers of  
illegal online materials

# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Deterrence Campaign resources



# Posters

An estimated 100,000 people in the UK view sexual images of children online.

**Are you worried someone you know is one of them?**



It's difficult to think about, and harder to talk about - but you can talk to us.

HELP IS AVAILABLE FOR OFFENDERS AND THEIR LOVED ONES  
#STOPITNOW

DON'T IGNORE ANY WORRIES YOU HAVE.

VISIT [get-help.stopitnow.org.uk](https://get-help.stopitnow.org.uk)  
OR CALL THE CONFIDENTIAL STOP IT NOW!  
HELPLINE ON 0808 1000 900



An estimated 100,000 people in the UK view sexual images of children online.

**Are you one of them?**



Police are active online and arresting more offenders than ever before.

YOU NEED TO KNOW  
THERE ARE SERIOUS CONSEQUENCES -  
IMPRISONMENT, LOSS OF JOB AND FAMILY, ENDING UP ON THE SEX OFFENDERS REGISTER  
#STOPITNOW

WE CAN HELP YOU STOP. OUR ANONYMOUS SUPPORT HAS HELPED THOUSANDS.

VISIT [get-help.stopitnow.org.uk](https://get-help.stopitnow.org.uk)  
OR CALL THE CONFIDENTIAL STOP IT NOW!  
HELPLINE ON 0808 1000 900





# Police social media activity

**Avon&Somerset Police** @ASPolice  
Following

We are committed to seeking out and convicting people who download and share sexual images of children online. Our campaign with StopItNow! aims to prevent child abuse in the first place. Find out more [bit.ly/2FbjpdS](http://bit.ly/2FbjpdS) #StopItNow

4:20 PM - 27 Feb 2018

14 Retweets 16 Likes

**DevonCornwall Police** @DC\_Police  
Following

We're teaming up with StopItNow! to prevent child sexual abuse. It's estimated that 100,000 people in the UK regularly look at sexual images of children online. We're raising awareness that anonymous help is available to stop. #StopItNow!

[goo.gl/5GWYJw](http://goo.gl/5GWYJw)

7:08 AM - 27 Feb 2018

33 Retweets 18 Likes

**Wiltshire Police** @wiltshirepolice  
Following

We're supporting a new campaign with @StopItNowUK to help prevent child sexual abuse. Find out more about the partnership on our website #StopItNow! [goo.gl/PBu4CK](http://goo.gl/PBu4CK)

9:52 AM - 27 Feb 2018

8 Retweets 12 Likes

**Dorset Police** @dorsetpolice  
Following

Viewing or sharing sexual images of children online is a serious crime. Anonymous help to stop is available at [goo.gl/sgxncX](http://goo.gl/sgxncX). #StopItNow!

8 Shares

**Avon and Somerset Constabulary**  
18 hrs

We are committed to seeking out and convicting people who download and share sexual images of children online. Our campaign with StopItNow! aims to prevent child abuse in the first place. Find out more <http://bit.ly/2FbjpdS>

Like Comment Share

23

8 Shares

**Glos Police** @Glos\_Police  
Following

Some may think that viewing sexual images of children in the privacy of their own home is not harmful. It is. Behind every image is a victim. Visit [goo.gl/cRDgu4](http://goo.gl/cRDgu4) for self-help resources today. #StopItNow

8 Shares

# Posters at service stations

Posters in male and female toilets and  
A 3 boards in these locations:

- Leigh Delamere/Chippenham M4 (J17-18)
- Severn View M48 (J21)
- Bridgwater M5 (J24)
- Sedgemoor M5 (J 21-22)
- Warminster A350
- Saltash/Plymouth A38
- Taunton Deane (N and S) M5 (J26)
- Exeter M5 (J 30)





# “Get-Help” website results

<http://www.get-help.stopitnow.org.uk>

- Total UK website visits\* = 112,000
- Total UK visitors\* = 78,000
- 13,877 sessions lasted between 10 and 30 minutes.
- 8,924 sessions lasted 30 minutes or more
- 2,929 people have visited between 15 and 25 times
- 2,020 people have visited between 26 and 50 times.

\*October 2015 – April 2018

# 20 qualitative interviews

- It's a **crime**
- It causes **harm**
- It has **consequences**
- **Help to stop**

**O<sub>2</sub>**  
Shop My O<sub>2</sub> Support

**Internet Watch Foundation**  
Access denied. Page may contain indecent images of children.  
Deliberate access may result in you committing a criminal offence.  
Consequences could include arrest, losing family, friends, access to children and/or jobs.  
Stop it Now! can provide confidential and anonymous help to those with concerning or illegal internet use.

**stop it now!** UK & Ireland  
Together we can prevent child sexual abuse

0808 1000 900 | help@stopitnow.org.uk | www.stopitnow.org.uk

You can also anonymously report a website that displays child sexual abuse material or content linked to minors at the Internet Watch Foundation website

If you think this page has been blocked in error please visit: <http://www.iwf.org.uk/accountability/complaints/content-assessment-appeal-process>

Full site | Store locator | Contact us

Privacy | Ts & Cs | Cookie Policy

**Google**

**Protecting children from sexual abuse**  
Accessing indecent images of children is illegal. People arrested risk losing their jobs, family, friends and access to their children. For anonymous, confidential and effective help to stop, visit [seek-help.stopitnow.org.uk](http://seek-help.stopitnow.org.uk)

Stop it Now! "Very Real Consequences"

At Google we work with child protection experts to find, remove and report this material because we never want search results.

To report child sexual abuse content, or to find help for you or someone you know, contact these organizations:

- to file a police report in the UK, contact the Child Exploitation and Online Protection (CEOP) Centre.
- to report child abuse content, contact the Internet Watch Foundation.



## Seeking help with illegal online image use?

Stop it now provides information and support for users of illegal online images and those around them, helping to cope with difficult emotions and to change problematic behaviours.



100% anonymous self help resources

Get anonymous information and support

Custom for professionals

**Anonymous user**  
100% anonymous self help resources  
Start a new session

**Family and Friends**  
Get anonymous information and support  
Continue

**Professionals**  
Custom for professionals  
Continue

## THE TIMES

### 36,000 people seek help for viewing child abuse images

The number of people seeking help to stop viewing child abuse images has risen by 40 per cent, figures suggest.

The Stop it Now campaign run by the Lucy Faithfull Foundation, a child protection charity, said 36,443 people contacted the scheme last year, up from 26,089 in 2016.

Most came through the campaign's website, although 2,251 people called the anonymous helpline with concerns about their own or someone else's behaviour.

The National Police Chiefs' Council head of child protection, Simon Bailey, said more offences were being arrested for viewing or sharing sexual images of children, but added that it could not be tackled by enforcement alone. "It requires schools and parents to educate children to ensure they stay safe, as well as for technology and social media companies to take their responsibilities seriously in protecting young people online," he said. "It is also crucial that offenders who are yet to be arrested are given the opportunity to seek help."

"The number of people in England contacting the campaign went up 40 per cent from 22,325 in 2016 to 31,573 the following year. In Scotland it was up 55 per cent from 1,634 to 2,508 while in Wales there was a 20 per cent increase from 896 to 1,073. Contacts made from Northern Ireland rose from 456 to 630.

Tom Square, the clinical manager at The Lucy Faithfull Foundation, said: "When you make people aware that help is available to stop people will take up that offer of help. We work with many men arrested after downloading huge numbers of abusive images of children. Nearly all of them say they wish they had known sooner about the help that's available to stop."

## Pilot evaluation:

- 25% increase in calls
- Fivefold increase in visits
- Self-reported behaviour change
  - Pornography viewing stopped
  - Controls and filters added
  - Curbed use of digital devices
  - Use of the internet stopped completely
  - Curbed use of the Internet

**Stop It Now! UK and Ireland**  
Sponsored

Tackling online viewing of sexual images of children is a priority for West Yorkshire Police. Our #StopItNow! helpline supports anyone who wants to change their own online behaviour: call 0808 1000 900 or visit Get Help. #StopItNowYYork

Visit Get Help

**NEWS**

**Internet child sex abusers urged to get help in new campaign**

13 October 2016 and updated at 08:00 GMT

A major online campaign has been launched to encourage people who view images of child sexual abuse to seek help.

The Lucy Faithfull Foundation (LFF) is behind the campaign and is urging people to visit its website to learn more about the help it can offer.

The LFF said that it has seen a 40 per cent increase in the number of people who have contacted its helpline since it was launched in 2016.

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# Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>			Child Pornography deterrence campaign
<b>Victims (Children)</b>			
<b>Families/ Communities</b>			
<b>Situations</b>			

# Lucy Faithfull Foundation work

	Primary prevention	Secondary prevention	Tertiary prevention
<b>Offenders (Potential)</b>	Hedgehogs	Stop! “Steering Clear”	Stop! + “Get-Help” Assess/Intervention Inform+/Inform YP IIOC Deterrence Circles of Support/Accountability
<b>Victims (Children)</b>	Hedgehogs Online safety	Online safety (LD)	Therapy
<b>Families/ Communities</b>	Parents Protect Online Safety (P/S)	Online safety (LD) Stop! “Steering Clear”	Stop! Inform IIOC Deterrence Assess/Intervention
<b>Situations</b>	Safer Recruitment Training	Safety Audits	
<b>Working to Protect Children</b>			

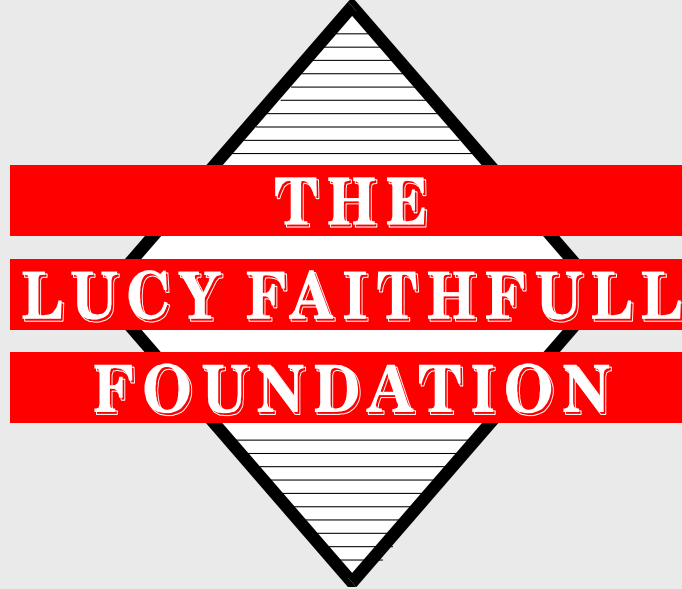
# Coffee Break

Please discuss with the person sitting next to you: -

What is the scale and nature of child sexual abuse in Latvia

What prevention work is going well in Latvia?

What prevention work needs more attention in Latvia?



**Thank you!**

[dfindlater@lucyfaithfull.org.uk](mailto:dfindlater@lucyfaithfull.org.uk)